



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THE FANWOOD-SCOTCH PLAINS YMCA

OUR MISSION

The Fanwood-Scotch Plains YMCA is dedicated to improving the quality of life of the individuals, families and communities we serve through programs and services that build wholeness of spirit, mind and body.

Y FOR ALL

The YMCA is not-for-profit organization founded on Christian principles, serving people of all ages, races, faith, cultures and socio-economic conditions. We are dedicated to creating a culture of diversity, inclusion and equity and aim to create a Y community where everyone feels safe, welcome and celebrated.

HERE FOR YOU

We are proud to offer financial assistance for those who qualify. Funding is provided, in part, through donations to our annual support campaign. Each year, we award scholarships that allow local individuals and families to participate in membership and programs such as summer camp, child care, swim lessons, chronic disease prevention and more. We couldn't do this without the support of our community.

OUR HISTORY

For over 75 years, the Fanwood-Scotch Plains YMCA (FSPY) has been a cornerstone of the community. Initially a branch of the Plainfield YMCA, the Y operated out of the Baptist Church on Grand Street in Scotch Plains and served as a gathering place for children and teens.



Later, FSPY established its own association and expanded by buying land on Martine Avenue in Scotch Plains. Over the course of the next 50 years, the Y expanded upon its Martine Avenue site, undergoing three major capital campaigns. The expansion afforded the growing community with a full-size gym, Wellness Center, two full-size pools, a Preschool wing, community and multi-purpose rooms, two kitchens, a dance studio, offices, board room and parking lot. In 2023, the FSPY completed an expansion that included a new outdoor campsite, two new fitness studios, an expanded wellness center, lobby and cafe area and a new viewing area and dry land space for our competitive pool. This recent expansion project will allow us to best serve our community for generations to come.

COMMUNITIES WE SERVE

We serve over 5,000 individuals in our service areas of Fanwood, Scotch Plains and Clark. The majority of our members either live or work in these communities and surrounding areas.

OUR LOCATIONS

MAIN BUILDING

1340 Martine Avenue, Scotch Plains

PROGRAM SITES

Terrill Middle School - 1301 Terrill Road, Scotch Plains

Nettingham Middle School - 580 Park Avenue, Scotch Plains

OUR AREAS OF FOCUS

The Fanwood-Scotch Plains YMCA provides opportunities for individuals and families to learn, grow and thrive by committing to our three focus areas:

FOR YOUTH DEVELOPMENT

Because we believe all kids deserve the opportunity to discover who they are and what they can achieve, our programs teach children and teens the values and skills that lead to positive behaviors, better health and educational achievement.



FOR HEALTHY LIVING

Because we believe we have a responsibility to make a positive and measurable impact on the community's health, we develop programs centered on the balance of spirit, mind and body. Our offerings bring families closer together, encourage healthy lifestyles and foster connections with others.



FOR SOCIAL RESPONSIBILITY

Because we believe in fostering the care and respect all people need and deserve, we will thoughtfully listen and aggressively respond to our community's most critical social needs.



CONNECT WITH US!

Learn the latest happenings at FSPY



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[@FSPYINSTA](https://www.instagram.com/fspyinsta)



Download our updated mobile app on your phone



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MEMBERSHIP CATEGORIES

Family: Two adults within the same residence and children ages 25 and under

Adult: Age 26-61

Senior Adult: Age 62 and over

Senior Couple: 2 Adults both age 62 and over

Young Adult: Age 18-25

Teen: Age 13-17

Youth: Age 0-12

7th Grade Membership: Free membership for 7th graders in Clark, Fanwood and Scotch Plains during the school year.



FSPY PROGRAMS

We offer a range of programs for all ages, interests and abilities. Below are highlights of the programs we offer. For the latest information on offerings at our Y, please visit fspymca.org.



AQUATICS

Our swim lesson program serves

all ages, levels and abilities from youth to adult. In addition, we offer lifeguard training and review courses, health and safety courses, competitive swim and aquatic fitness classes.



YOUTH PROGRAMS

We offer dance, sports, gymnastics, enrichments and more for toddlers through high schoolers. We also offer Small

Group and 1:1 Teen Wellness programs. Once this program is complete, teens ages 12-13 in grades 7-8 can use the cardio and strength equipment in our Wellness Center during select times.



PRESCHOOL & CHILD CARE

We offer programs for infants, toddlers and preschool age children.

Our School Age Child Care program provides after school care for children in elementary and middle school.



SUMMER CAMP AND ENRICHMENT PROGRAMS

Your child will have the best summer ever.

We offer preschool camps, traditional school age camps, excursion camps for our older campers as well as our popular Enrichment Camps in Art, STEM, cooking, sports, swimming, theatre and more!



FITNESS

Fitness Programs run the gamut from group exercise to mind-body classes to personal

training, Y Active Adult programs, and a variety of health and wellness programs and workshops open to members.



SPECIAL EVENTS

Special Events at FSPY are those the whole family can enjoy. They include our Fall Harvest, Healthy Kids Day, Family Fun Nights, and more. Visit fspymca.org and view our calendar for the latest happenings.



CHRONIC DISEASE PROGRAMS

Programs include

LIVESTRONG® at the YMCA, a program for cancer survivors, Parkinson's Foundation classes and community health educational partnerships. We also have an MS water program and Enhance® Fitness for older adults with arthritis.