



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL 1 SCHEDULE May 16 through May 22, 2022

Schedule is subject to change. Please check our website (fspymca.org/schedules) or call our Welcome Center at 908-889-8880 for up-to-date information.

Pool Hours of Operation	MON	TUE	WED	THU	FRI	SAT	SUN
Lap Only Swim (Full Members 13 and older, or Active 7 th Grade Members)	6:15am-8:00am (6/0)	8:15pm-9:45pm (6/0)	6:15am-7:30am (6/0)	2:00pm-3:45pm (6/0)	2:30pm-3:45pm (6/0)	7:15am-8:15am (6/0)	9:00am-10:30am (6/0)
	2:30pm-4:15pm (6/0)		7:30am-8:30am (3/0)	4:00pm-6:30pm (2/0)		1:00pm-2:45pm (6/0)	
	8:35pm-9:15pm (6/0)		2:30pm-3:45pm (6/0)	9:00pm-9:45pm (6/0)			
Adults Only Lap Swim (Full Members 18 and older)	4:30pm-6:00pm (2/0)	4:00pm-6:15pm (2/0)	4:00pm-6:15pm (2/0)		4:00pm-7:00pm (3/0)	10:00am-1:00pm (2/0)	
Adults Only Water Walking and Individual Exercise (Full Members 18 and older)	8:00am-12:15pm (2/2)	8:45am-9:45am (2/2)	11:15am-12:15pm (2/2)	7:15am-8:30am (4/0)	7:00am-12:15pm (2/2)		
	1:30pm-2:30pm (2/2)	12:15pm-3:45pm (2/2)	1:30pm-2:30pm (2/2)	10:00am-2:00pm (4/0)			
					1:30pm-2:30pm (2/2)		
Family Swim							11:00am-1:00pm (0/6)***

If there is no time listed during the Pool Hours of Operation, then there is no space available due to other programming or planned closures.

*****4/24 Family Swim Maximum Capacity 40 people**
*****4/18; 4/20; 4/21; 4/22 w/Vacation Day Open Swim**

Numbers in parenthesis indicate lane space available. Lap lanes are always listed first, followed by non-lap lanes. For example: 4/2 would indicate 4 lap lanes and 2-non lap, and 2/0 would indicate 2 lap lanes and 0 open lanes. Lane space subject to change based on bather load and sharing with private swimmers. Various programs run in our pool throughout the day, which account for the lane availability.

POOL GUIDE

Our pool is a safe and fun environment for all. Please respect the following pool structure:

Lap: ONLY LAP LANES are available for continuous lap swim for full members 13 years of age or older, or active 7th Grade Members (Adults Only during designated times)

Water Walking and Individual Fitness: Both lap lanes and non-lap lanes available for all full members 18 years of age or older for water walking or continuous lap swim.

Open Swim: Both lap lanes and open lanes available for all full members or Active 7th Grade Members. Members 8 or younger must be accompanied by an adult. Members 13 or younger must be swim tested before swimming in deep end of the pool.

Family Swim: Free play for full member families in designated lanes. Only noodles and US Coast Guard approved flotation devices may be used during family swim.

SWIM SAFELY

For the health, safety and enjoyment of our members, we ask that everyone please comply with the following:

- Swimmers must circle swim when 3 or more swimmers are present in one lane.
- Please abide by all lane closure signs.
- Children wearing flotation must have adult supervision in water and within arms' reach.
- Breath holding activities are strictly prohibited.
- All non-swimmers must remain in the shallow end. All swimming children under the age of 8 must have adult supervision on the pool deck.
- All swimming children ages 8-12 must have adult supervision in the building.
- Pool will close in the event of an electrical storm

Swimmers wishing to swim in the deep end must pass a swim test. For swimmer safety, the test will be given at the lifeguard's discretion and only when there is more than one lifeguard on duty. Upon successful completion of the swim test, the swimmer will receive a green wristband to wear while swimming. Swimmers who have not taken the test must remain in the shallow end.

FUN FOR THE FAMILY!

Whether you are learning to swim, participating in a swim class, swimming laps, or spending quality time in the water with your family, the Y is the place for you.

Our two heated pools offer a flexible schedule to meet your needs, with swimming options throughout the week.

Programs such as swim lessons, water exercise competitive swimming and Lifeguard Training, allow participants to learn new skills, develop self-confidence and enjoy physical activity in the water, all supporting healthy living.

For more information, visit fspymca.org. If you have any questions regarding our swim programs, please call Ellen Daudelin at 908-889-8880 or email edaudelin@fspymca.org



Fanwood-Scotch Plains YMCA
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Y AQUATICS

POOL SCHEDULE

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