THE FANWOOD-SCOTCH PLAINS YMCA

OUR MISSION

The Fanwood-Scotch Plains YMCA is dedicated to improving the quality of life of the individuals, families and communities we serve through programs and services that build wholeness of spirit, mind and body.

Y FOR ALL

The YMCA is not-for-profit organization founded on Christian principles, serving people of all ages, races, faith, cultures and socio-economic conditions. We are dedicated to creating a culture of diversity, inclusion and equity and aim to create a Y community where everyone feels safe, welcome and celebrated.

HERE FOR YOU

We are proud to offer financial assistance for those who qualify. Funding is provided, in part, through donations to our annual support campaign. Last year, we offered $228,367 in financial assistance supported largely by our We Are Y Strong campaign. This allows local individuals and families to participate in membership and programs such as summer camp, child care, swim lessons, chronic disease prevention and more.

OUR HISTORY

Since 1947, the Fanwood-Scotch Plains YMCA (FSPY) has been a cornerstone of the community. Initially a branch of the Plainfield YMCA, the Y operated out of the Baptist Church on Grand Street in Scotch Plains and served as a gathering place for children and teens. Later, FSPY broke away from the Plainfield Y to establish its own association and expanded by buying land on Martine Avenue in Scotch Plains. Over the course of the next 50 years, the Y expanded upon its Martine Avenue site, undergoing three major capital campaigns. The expansion afforded the growing community with a full-size gym, Wellness Center, two full-size pools, a Preschool wing, community and multi-purpose rooms, two kitchens, a dance studio, offices, board room and parking lot.

COMMUNITIES WE SERVE

Before our closure due to COVID-19 in March 2020, we served close to 10,000 individuals in our service areas of Fanwood, Scotch Plains and Clark. The majority of our members either lived or worked in these communities. Today, we serve nearly 5,000 individuals and are working to get back to our pre-COVID reach, to ensure we are helping as many people as possible.

OUR LOCATIONS

MAIN BUILDING

1340 Martine Avenue, Scotch Plains

PROGRAM SITES

Brunner Elementary School - 721 Westfield Road, Scotch Plains
Coles Elementary School - 16 Kevin Road, Scotch Plains
Evergreen Elementary School - 2280 Evergreen Blvd., Scotch Plains
McGinn Elementary School - 1100 Roosevelt Ave., Scotch Plains
School One Elementary School - 563 Willow Ave., Scotch Plains
Terrill Middle School - 1301 Terrill Road, Scotch Plains
Park Middle School - 580 Park Avenue, Scotch Plains

WHAT WE STAND FOR

The Fanwood-Scotch Plains YMCA provides opportunities for individuals and families to learn, grow and thrive by committing to our three focus areas:

FOR YOUTH DEVELOPMENT

Because we believe all kids deserve the opportunity to discover who they are and what they need to achieve, our programs teach children and teens the values and skills that lead to positive behaviors, better health and educational achievement.

FOR HEALTHY LIVING

Because we believe we have a responsibility to make a positive and measurable impact on the community's health, we develop programs centered on the balance of spirit, mind and body. Our offerings bring families closer together, encourage healthy lifestyles and foster connections with others.

FOR SOCIAL RESPONSIBILITY

Because we believe in fostering the care and respect all people need and deserve, we will thoughtfully listen and aggressively respond to our community's most critical social needs.

CONNECT WITH US!

Learn the latest happenings at FSPY

Facebook.com/fspymca

@FSPYINSTA

Download our updated mobile app on your phone

@fspymca

MEMBERSHIP CATEGORIES

Family: Two adults within the same residence and children ages 25 and under

Adult: Age 26-61

Senior Adult: Age 62 and over

Senior Couple: 2 Adults both age 62 and over

Young Adult: Age 18-25

Teen: Age 13-17

Youth: Age 0-12

7th Grade Membership: Free membership for 7th graders in Clark, Fanwood and Scotch Plains during the school year

FSPY PROGRAMS

We offer a range of programs for all ages, interests and abilities. Below are highlights of the programs we are offering. We continue to add to our program roster. For the latest information on offerings at our Y, please visit fspymca.org.

FSPY Aquatics feature the Y's swim lesson program that serves all ages, levels and abilities from youth to adult. In addition, we offer lifeguard training and review courses, health and safety courses, competitive swim and aquatic fitness classes.

Youth Programs include fitness, sports, gymnastics and more for toddlers through high schoolers. We also offer Small Group and 1:1 Teen Wellness programs. Once this program is complete, teens ages 12-13 in grades 7-8 can use our Wellness Center during select times.

Preschool & Child Care programs are for infants, toddlers and preschool age children. We offer a full day program for kids ages 3 months to 5 years. Our School Age Child Care program provides before and after school care for children in elementary and middle school.

Summer Camp at FSPY is where your child will have the best summer ever. We offer Preschool Camps, Traditional Camps for school age children, Excursion Camps for our older campers as well as our ever-popular Specialty Camps that revolve around Art, STEAM, Cooking, Theatre and more!

Fitness Programs run the gamut from group exercise to mind-body classes to personal training, Y Active Adult programs and more. We also offer nutrition and weight loss programs and challenges as well as other health and wellness programming open to our members.

Chronic Disease Prevention programs include LIVE**STRONG**® at the YMCA, a program for cancer survivors, the Y's Diabetes Prevention Program and the MD on Call educational partnership. We also have an MS land and water program, Parkinson's class and Enhance® Fitness for older adults.

Special Events at FSPY are those the whole family can enjoy. They include our Fall Harvest, Kids and Middle School Nights Out, community presentations, Annual Campaign fundraising events and more. We are adding new events all the time. Please visit fspymca.org and view our calendar for the latest happenings.