



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THE FANWOOD-SCOTCH PLAINS YMCA

OUR MISSION

The Fanwood-Scotch Plains YMCA is dedicated to improving the quality of life of the individuals, families and communities we serve through programs and services that build wholeness of spirit, mind and body.

Y FOR ALL

The YMCA is not-for-profit organization founded on Christian principles, serving people of all ages, races, faith, cultures and socio-economic conditions. We are dedicated to creating a culture of diversity, inclusion and equity and aim to create a Y community where everyone feels safe, welcome and celebrated.

HERE FOR YOU

We are proud to offer financial assistance for those who qualify. Funding is provided, in part, through donations to our annual support campaign. Last year, we offered \$228,367 in financial assistance supported largely by our We Are Y Strong campaign. This allows local individuals and families to participate in membership and programs such as summer camp, child care, swim lessons, chronic disease prevention and more.

OUR HISTORY

Since 1947, the Fanwood-Scotch Plains YMCA (FSPY) has been a cornerstone of the community. Initially a branch of the Plainfield YMCA, the Y operated out of the Baptist Church on Grand Street in Scotch



Plains and served as a gathering place for children and teens. Later, FSPY broke away from the Plainfield Y to establish its own association and expanded by buying land on Martine Avenue in Scotch Plains. Over the course of the next 50 years, the Y expanded upon its Martine Avenue site, undergoing three major capital campaigns. The expansion afforded the growing community with a full-size gym, Wellness Center, two full-size pools, a Preschool wing, community and multi-purpose rooms, two kitchens, a dance studio, offices, board room and parking lot.

COMMUNITIES WE SERVE

Before our closure due to COVID-19 in March 2020, we served close to 10,000 individuals in our service areas of Fanwood, Scotch Plains and Clark. The majority of our members either lived or worked in these communities. Today, we serve nearly 5,000 individuals and are working to get back to our pre-COVID reach, to ensure we are helping as many people as possible.

OUR LOCATIONS

MAIN BUILDING

1340 Martine Avenue, Scotch Plains

PROGRAM SITES

- Brunner Elementary School - 721 Westfield Road, Scotch Plains
- Coles Elementary School - 16 Kevin Road, Scotch Plains
- Evergreen Elementary School - 2280 Evergreen Blvd., Scotch Plains
- McGinn Elementary School - 1100 Roosevelt Ave., Scotch Plains
- School One Elementary School - 563 Willow Ave., Scotch Plains
- Terrill Middle School - 1301 Terrill Road, Scotch Plains
- Park Middle School - 580 Park Avenue, Scotch Plains

WHAT WE STAND FOR

The Fanwood-Scotch Plains YMCA provides opportunities for individuals and families to learn, grow and thrive by committing to our three focus areas:

FOR YOUTH DEVELOPMENT

Because we believe all kids deserve the opportunity to discover who they are and what they need to achieve, our programs teach children and teens the values and skills that lead to positive behaviors, better health and educational achievement.



FOR HEALTHY LIVING

Because we believe we have a responsibility to make a positive and measurable impact on the community's health, we develop programs centered on the balance of spirit, mind and body. Our offerings bring families closer together, encourage healthy lifestyles and foster connections with others.



FOR SOCIAL RESPONSIBILITY

Because we believe in fostering the care and respect all people need and deserve, we will thoughtfully listen and aggressively respond to our community's most critical social needs.



CONNECT WITH US!

Learn the latest happenings at FSPY



[Facebook.com/fspymca](https://www.facebook.com/fspymca)



[@FSPYINSTA](https://www.instagram.com/fspyinsta)



Download our updated mobile app on your phone



[@fspymca](https://twitter.com/fspymca)

MEMBERSHIP CATEGORIES

Family: Two adults within the same residence and children ages 25 and under

Adult: Age 26-61

Senior Adult: Age 62 and over

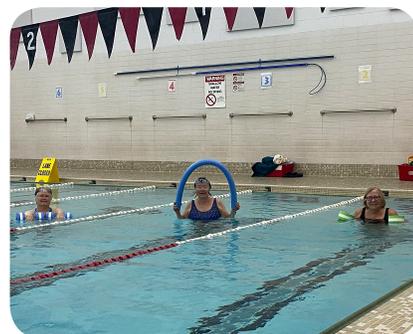
Senior Couple: 2 Adults both age 62 and over

Young Adult: Age 18-25

Teen: Age 13-17

Youth: Age 0-12

7th Grade Membership: Free one-year membership for 7th graders in Clark, Fanwood and Scotch Plains (program currently on hold. Please check back for restart date)



FSPY PROGRAMS

We offer a range of programs for all ages, interests and abilities. Below are highlights of the programs we have offered. Please note that we are working to bring back many of our programs. For the latest information on offerings at our Y, please visit [fspymca.org](https://www.fspymca.org).



FSPY Aquatics feature the Y's swim lesson program that serves

all ages and abilities from youth to adult. We have a variety of programs including those for special needs, private lessons, lifeguard training, health and safety courses, competitive swim and aquatic fitness classes.



Preschool & Child Care programs are for infants, toddlers and preschool age children. We currently offer a full day program for kids ages 3 months to 5 years,

providing them with a welcoming, engaging and safe environment. School Age Child Care is held in local schools for before and after care.



Fitness Programs run the gamut from group exercise to mind-body classes to personal training, Y Active Adult programs and more. We also have a registered

dietitian on staff and offer nutrition and weight loss courses as well as other health and wellness programming open to our members.



Special Events at FSPY are those the whole family can enjoy. They include our Fall Harvest, Breakfast with Santa, Kids and Middle School Nights Out, Holiday Party, Be Social events for those with special needs, community presentations, Annual Campaign fundraising events and more. We are working to bring back these events in 2021/2022. Please be on the look out for more details.



Youth Programs include fitness, sports and music for preschool through high school age. We currently offer select youth sports programs as well as Small Group and 1:1 Teen

Wellness programs. Once this program is complete, teens ages 12-13 in grades 7-8 can use our Wellness Center during select times.



Summer Camp at FSPY is where your child will have the best summer ever. We offer several camps including our

Little Sprouts Preschool Camp - a half day camp great for first-time campers - as well as traditional and specialty camps for kids entering grades kindergarten through six.



Chronic Disease Prevention programs include LIVESTRONG® at the YMCA, a program

for cancer survivors, the Y's Diabetes Prevention Program and our Blood Pressure Self-Monitoring Program. We also have an MS land and water program, Parkinson's class and Enhance® Fitness for older adults.