



# KEEPING OUR COMMUNITY SAFE

## YOUTH AND ADULT SPORTS GUIDELINES

We are so happy you're back! Here are our current procedures for Sports to make this a fun and safe experience for all participants and staff:

- Youth and Adult Sports are only open to active, FSPY members. If your membership is on hold, please click [here](#) to take it off hold. If you canceled your membership and would like to rejoin, or are a new member, click [here](#). Adult Sports are for ages 14 and up (with the exception of Tae Kwon Do, which is ages 8 and up).
- Prior to attending your first program at our Y, you will need to e-sign an updated Membership Waiver and Code of Conduct. Click [here](#) to sign (you will need to enter the barcode number on your membership keytag and last name). This only needs to be completed once by one individual within each Individual, Couple or Family Membership.
- Credits/refunds will not be given for Sports programs unless the Y cancels the program. Make-up classes also will not be available.
- Advanced online registration is required. Register online [here](#), following the instructions outlined on our registration page. Programs included with membership will register through Acuity Scheduling. Fee-based programs will register through Daxko. If there is a wait list, please put your name down as we continue to assess community needs.
- Please allow 10-15 minutes before class for a temperature check using a touchless thermometer and a health screening with several health questions. If you have a temperature of 100.4 degrees or over, or answer positively to any of the health questions, you will not be permitted into the YMCA building. Parents must wait with their children while we conduct the health screening and anyone entering the building must undergo a screening.
- Come prepared dressed for class. Lockers will not be available to store personal belongings. All personal belongings must remain with you while in the facility. Locker Rooms are available for restroom use only.
- If indoors: Classes will be held in Gym 2. You will be asked to **check in** at the Welcome Center when you enter the Y, and **check out** in the Wellness Center before you leave. Exit through the double doors outside Gym 2.
- Members and staff are required to wear masks during check-in and health screenings, and at all times when in the YMCA building. Please also wear masks outside the YMCA when a distance of 6 feet can not be maintained.
- Members must bring their own water as there will be no access to water fountains.
- Once in the building, please follow all directional signage. Many hallways are now one-way.
- Please bring your own equipment (if needed) for class.
- Please only one parent/guardian allowed in the building per child (please no siblings/strollers).
- Have fun! We look forward to seeing you back at the Y!

**THANK YOU FOR YOUR COOPERATION AND UNDERSTANDING.**