



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THE FANWOOD-SCOTCH PLAINS YMCA

OUR MISSION

The Fanwood-Scotch Plains YMCA is dedicated to improving the quality of life of the individuals, families and communities we serve through programs and services that build wholeness of spirit, mind and body. The YMCA is not-for-profit organization founded on Christian principles, serving people of all ages, races, faith, cultures and socio-economic conditions.

MEMBERSHIP FOR ALL

We are proud to offer financial assistance for those who qualify. Funding is provided, in part, through donations to our Annual Campaign. Last year, we offered \$397,460 in financial assistance supported largely by our Annual Campaign.

HERE FOR YOU

The Annual Campaign provides families in need with financial support to participate in membership and programs such as summer camp, child care, swim lessons, chronic disease prevention and more. Funds for the campaign are raised by staff, YMCA members and the community so no one is turned away due to the inability to pay.

OUR HISTORY

Since 1947, the Fanwood-Scotch Plains YMCA (FSPY) has been a cornerstone of the community. Initially a branch of the Plainfield YMCA, the Y operated out of the Baptist Church on Grand Street in Scotch

Plains and served as a gathering place for children and teens.

Later, FSPY broke away from the Plainfield Y to establish its own association and expanded by buying land on Martine Avenue in Scotch Plains. Over the course of the next 50 years, the Y expanded upon its Martine Avenue site, undergoing three major capital campaigns. The expansion afforded the growing community with a full-size gym, Wellness Center, two full-size pools, a Preschool wing, community and multi-purpose rooms, two kitchens, a dance studio, offices, board room and parking lot.



COMMUNITIES WE SERVE

Today, we have close to 10,000 members from our service areas of Fanwood, Scotch Plains and Clark. The majority of our members either live or work in these communities.

OUR LOCATIONS

MAIN BUILDING

1340 Martine Avenue, Scotch Plains

PROGRAM SITES

Brunner Elementary School - 721 Westfield Road, Scotch Plains

Coles Elementary School - 16 Kevin Road, Scotch Plains

Evergreen Elementary School - 2280 Evergreen Blvd., Scotch Plains

McGinn Elementary School - 1100 Roosevelt Ave., Scotch Plains

School One Elementary School - 563 Willow Ave., Scotch Plains

Terrill Middle School - 1301 Terrill Road, Scotch Plains

Park Middle School - 580 Park Avenue, Scotch Plains

Kump Middle School - 59 Mildred Terrace, Clark

WHAT WE STAND FOR

The Fanwood-Scotch Plains YMCA makes accessible the support and opportunities that empower people and communities to learn, grow and thrive with three core motivations:

FOR YOUTH DEVELOPMENT

Because we believe that all kids deserve the opportunity to discover who they are and what they need to achieve, we will focus existing programs to children and teens to more clearly cultivate the values, skills and relationships that lead to positive behaviors, better health and educational achievement.



FOR HEALTHY LIVING

Because we believe we have a responsibility to make a positive and measurable impact on the community's health, we will directly leverage a mission centered on the balance of spirit, mind and body to strengthen and expand program offerings that bring families closer together, encourage healthy lifestyles and foster connections with others.



FOR SOCIAL RESPONSIBILITY

Because we believe in fostering the care and respect all people need and deserve, we will thoughtfully listen and aggressively respond to our community's most critical social needs.



CONNECT WITH US!

Learn the latest happenings at FSPY



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MEMBERSHIP CATEGORIES

Family: Two adults within the same residence and children ages 25 and under

Adult: Age 26-61

Senior Adult: Age 62 and over

Senior Couple: 2 Adults both age 62 and over

Young Adult: Age 18-25

Teen: Age 13-17

Youth: Age 0-12

Program: Youth age 17 and under who wish to participate in classes only

7th Grade Membership: Free one-year membership for 7th graders in Clark, Fanwood and Scotch Plains



FSPY PROGRAMS

We offer a range of programs for all ages, interests and abilities. Below are highlights of what we offer.



FSPY Aquatics feature the Y's swim lesson program that serves

all ages and abilities from infant to adult. We have a variety of programs including those for special needs, private lessons, lifeguard training, health and safety courses, competitive swim and aquatic fitness classes.



Preschool & Child Care programs are for infants, toddlers and preschool age children. We have several different options available including full and half day

sessions, kindergarten readiness and specialized programs. School Age Child Care is held in local schools for before and after care.



Fitness Programs run the gamut from group exercise to mind-body classes to personal training, Y Active Adult programs and Tri Club. We

also have a registered dietitian on staff and offer nutrition and weight loss courses as well as health screenings, lunch and learns and more.



Youth Programs include gymnastics, dance, music, fitness and sports for preschool through high school age. We also offer our Interactive FIT Room

for middle schoolers as well as teen orientation into our Wellness Center, and the Achievers Program for college readiness.



Summer Camp at FSPY is where your child will have the best summer ever.

We offer a variety of camps including

traditional, gymnastics, dance, excursion, cook, performance, splash and fitness camps. Camps start at age 2.5 and we have programs up to 10th grade.



Chronic Disease Prevention programs include LIVESTRONG® at the YMCA, a program

for cancer survivors, the Y's Diabetes Prevention Program and our Blood Pressure Self-Monitoring Program. We also have an MS land and water program, Parkinson's class and Enhance® Fitness for older adults.



Special Events at FSPY are those the whole family can enjoy. They include our Fall Harvest, Breakfast with Santa, Kids and Middle School Nights Out, Holiday Party, Be Social events for those with special needs, community presentations, Annual Campaign fundraising events and more. We also offer Birthday Parties at our Y, where you invite the guests and leave the rest to us.